

September 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
31 Senior AM? Dawgs Developmental: 4:30 - 5:11 Dawgs Performance: 5:15 - 6:00 White Group 6:00 - 7:15p Red Group: 4:30 - 6:00p Black Group: 6:00 - 7:45p Senior Group: 5:15 - 7:45p	1 Fundamentals 3:40 - 4:20 Dawgs Developmental: 4:30 - 5:11 Dawgs Performance: 5:15 - 6:00 White Group 6:00 - 7:15p Red Group: 4:30 - 6:00p Black Group: 6:00 - 7:45p Senior Group: 5:15 - 7:45p	2 White Group 6:00 - 7:15p Red Group: 4:30 - 6:00p Black Group: 6:00 - 7:45p Senior Group: 5:15 - 7:45p	3 Fundamentals 3:40 - 4:20 Dawgs Developmental: 4:30 - 5:11 Dawgs Performance: 5:15 - 6:00 White Group 6:00 - 7:15p Red Group: 4:30 - 6:00p Black Group: 6:00 - 7:45p Senior Group: 5:15 - 7:45p	4 Red Group: 4:30 - 6:00p Black Group: 4:30 - 6:30 Senior Group: 4:30 - 6:30	5 Senior Group: 7:00 - 9:00a Black Group: 7:00 - 9:00a Red Group: 7:00 - 9:00a White Group: 9:00 - 10:30a	6 NO PRACTICE
7 PLEX 5:00 - 5:00 Labor Day NO PRACTICE	8 Fundamentals 3:40 - 4:20 Dawgs Developmental: 4:30 - 5:11 Dawgs Performance: 5:15 - 6:00 White Group 6:00 - 7:15p Red Group: 4:30 - 6:00p Black Group: 6:00 - 7:45p Senior Group: 5:15 - 7:45p	9 White Group 6:00 - 7:15p Red Group: 4:30 - 6:00p Black Group: 6:00 - 7:45p Senior Group: 5:15 - 7:45p	10 Fundamentals 3:40 - 4:20 Dawgs Developmental: 4:30 - 5:11 Dawgs Performance: 5:15 - 6:00 White Group 6:00 - 7:15p Red Group: 4:30 - 6:00p Black Group: 6:00 - 7:45p Senior Group: 5:15 - 7:45p	11 Red Group: 4:30 - 6:00p Black Group: 4:30 - 6:30 Senior Group: 4:30 - 6:30	12 OST FALL INVITE	13 NO PRACTICE
14 Senior AM? Dawgs Developmental: 4:30 - 5:11 Dawgs Performance: 5:15 - 6:00 White Group 6:00 - 7:15p Red Group: 4:30 - 6:00p Black Group: 6:00 - 7:45p Senior Group: 5:15 - 7:45p	15 Fundamentals 3:40 - 4:20 Dawgs Developmental: 4:30 - 5:11 Dawgs Performance: 5:15 - 6:00 White Group 6:00 - 7:15p Red Group: 4:30 - 6:00p Black Group: 6:00 - 7:45p Senior Group: 5:15 - 7:45p	16 White Group 6:00 - 7:15p Red Group: 4:30 - 6:00p Black Group: 6:00 - 7:45p Senior Group: 5:15 - 7:45p	17 Fundamentals 3:40 - 4:20 Dawgs Developmental: 4:30 - 5:11 Dawgs Performance: 5:15 - 6:00 White Group 6:00 - 7:15p Red Group: 4:30 - 6:00p Black Group: 6:00 - 7:45p Senior Group: 5:15 - 7:45p	18 Red Group: 4:30 - 6:00p Black Group: 4:30 - 6:30 Senior Group: 4:30 - 6:30	19 Senior Group: 7:00 - 9:00a Black Group: 7:00 - 9:00a Red Group: 7:00 - 9:00a White Group: 9:00 - 10:30a	20 NO PRACTICE
21 Senior AM? Dawgs Developmental: 4:30 - 5:11 Dawgs Performance: 5:15 - 6:00 White Group 6:00 - 7:15p Red Group: 4:30 - 6:00p Black Group: 6:00 - 7:45p Senior Group: 5:15 - 7:45p	22 Fundamentals 3:40 - 4:20 Dawgs Developmental: 4:30 - 5:11 Dawgs Performance: 5:15 - 6:00 White Group 6:00 - 7:15p Red Group: 4:30 - 6:00p Black Group: 6:00 - 7:45p Senior Group: 5:15 - 7:45p	23 White Group 6:00 - 7:15p Red Group: 4:30 - 6:00p Black Group: 6:00 - 7:45p Senior Group: 5:15 - 7:45p	24 Fundamentals 3:40 - 4:20 Dawgs Developmental: 4:30 - 5:11 Dawgs Performance: 5:15 - 6:00 White Group 6:00 - 7:15p Red Group: 4:30 - 6:00p Black Group: 6:00 - 7:45p Senior Group: 5:15 - 7:45p	25 Red Group: 4:30 - 6:00p Black Group: 4:30 - 6:30 Senior Group: 4:30 - 6:30	26 Meet TBD	27 NO PRACTICE
28 Senior AM? Dawgs Developmental: 4:30 - 5:11 Dawgs Performance: 5:15 - 6:00 White Group 6:00 - 7:15p Red Group: 4:30 - 6:00p Black Group: 6:00 - 7:45p Senior Group: 5:15 - 7:45p	29 Fundamentals 3:40 - 4:20 Dawgs Developmental: 4:30 - 5:11 Dawgs Performance: 5:15 - 6:00 White Group 6:00 - 7:15p Red Group: 4:30 - 6:00p Black Group: 6:00 - 7:45p Senior Group: 5:15 - 7:45p	30 White Group 6:00 - 7:15p Red Group: 4:30 - 6:00p Black Group: 6:00 - 7:45p Senior Group: 5:15 - 7:45p	1 Fundamentals 3:40 - 4:20 Dawgs Developmental: 4:30 - 5:11 Dawgs Performance: 5:15 - 6:00 White Group 6:00 - 7:15p Red Group: 4:30 - 6:00p Black Group: 6:00 - 7:45p Senior Group: 5:15 - 7:45p	2 Red Group: 4:30 - 6:00p Black Group: 4:30 - 6:30 Senior Group: 4:30 - 6:30	3 Meet TBD	4 NO PRACTICE