

August 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
27	28	29	30	31	1	2
NO PRACTICE						
3	4	5	6	7	8	9
NO PRACTICE						
				Summer Swim Banquet / Party 6:00 - 8:00p at outdoor pool!		
10	11	12	13	14	15	16
White Group 6:00 - 7:15p	White Group 6:00 - 7:15p	White Group 6:00 - 7:15p	White Group 6:00 - 7:15p		Senior Group: 7:00 - 9:00a	
					Black Group: 7:00 - 9:00a	
Red Group: 4:30 - 6:00p	Red Group: 4:30 - 6:00p	Red Group: 4:30 - 6:00p	Red Group: 4:30 - 6:00p	Red Group: 4:30 - 6:00p	Red Group: 7:00 - 9:00a	
Black Group: 6:00 - 7:45p	Black Group: 6:00 - 7:45p	Black Group: 6:00 - 7:45p	Black Group: 6:00 - 7:45p	Black Group: 4:30 - 6:30	White Group: 9:00 - 10:30a	
Senior Group: 5:15 - 7:45p	Senior Group: 5:15 - 7:45p	Senior Group: 5:15 - 7:45p	Senior Group: 5:15 - 7:45p	Senior Group: 4:30 - 6:30		
17	18	19	20	21	22	23
White Group 6:00 - 7:15p	White Group 6:00 - 7:15p	White Group 6:00 - 7:15p	White Group 6:00 - 7:15p		Senior Group: 7:00 - 9:00a	
					Black Group: 7:00 - 9:00a	
Red Group: 4:30 - 6:00p	Red Group: 4:30 - 6:00p	Red Group: 4:30 - 6:00p	Red Group: 4:30 - 6:00p	Red Group: 4:30 - 6:00p	Red Group: 7:00 - 9:00a	
Black Group: 6:00 - 7:45p	Black Group: 6:00 - 7:45p	Black Group: 6:00 - 7:45p	Black Group: 6:00 - 7:45p	Black Group: 4:30 - 6:30	White Group: 9:00 - 10:30a	
Senior Group: 5:15 - 7:45p	Senior Group: 5:15 - 7:45p	Senior Group: 5:15 - 7:45p	Senior Group: 5:15 - 7:45p	Senior Group: 4:30 - 6:30		
24	25	26	27	28	29	30
White Group 6:00 - 7:15p	White Group 6:00 - 7:15p	White Group 6:00 - 7:15p	White Group 6:00 - 7:15p		AHSAA Kick Off Meet!	
Red Group: 4:30 - 6:00p	Red Group: 4:30 - 6:00p	Red Group: 4:30 - 6:00p	Red Group: 4:30 - 6:00p	Red Group: 4:30 - 6:00p		
Black Group: 6:00 - 7:45p	Black Group: 6:00 - 7:45p	Black Group: 6:00 - 7:45p	Black Group: 6:00 - 7:45p	Black Group: 4:30 - 6:30		
Senior Group: 5:15 - 7:45p	Senior Group: 5:15 - 7:45p	Senior Group: 5:15 - 7:45p	Senior Group: 5:15 - 7:45p	Senior Group: 4:30 - 6:30		
31	1	Notes				