

## General Lesson Schedule for May 2026

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday / Saturday</u>
		Grace Nelson 3:30 - 5:45		Grace Nelson (Saturdays) Schedule Varies
Melinda Waido 2:00 - 5:50p		Melinda Waido 2:00 - 5:50p		Melinda Waido (Fridays) 2:00 - 5:50p
Ella Katherine / Cam Mask 2:30 - 5:20	Ella Katherine / Cam Mask 4:50 - 6:30		Ella Katherine / Cam Mask 4:50 - 6:30	
Special Needs 4:00 - 5:30p	Special Needs 4:00 - 5:30p	Special Needs 4:00 - 5:30p	Special Needs 4:00 - 5:30p	

## Group Lessons for May 2026

<u>Level 1 -2</u>	Beginner Lessons: Swimmers are very new to swimming or have very limited swimming skills.
<u>Level 2-3</u>	Intermediate Lessons: Swimmer are comfortable going underwater/can float on own/ and are starting to "swim"
<u>Level 3-4</u>	Advanced Lessons: Swimmers are starting to swim proper freestyle / backstroke and are working on technique

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Beginner (Level 1-2)	Beginner (Level 1-2)	Beginner (Level 1-2)	Beginner (Level 1-2)	Beginner (Level 1-2)
	3:40 - 4:15 Sofia 4:20 - 4:55 Lacey Grace Sofia		3:40 - 4:15 Sofia 4:20 - 4:55 Lacey Grace Sofia	
Intermediate (Level 2-3)	Intermediate (Level 2-3)	Intermediate (Level 2-3)	Intermediate (Level 2-3)	Intermediate (Level 2-3)
	3:40 - 4:15 Lacy Grace 4:20 - 4:55 Grace Nelson 5:00 - 5:35 Grace Nelson 5:40 - 6:15 Lacey Grace Sofia		3:40 - 4:15 Lacey Grace 4:20 - 4:55 Grace Nelson 5:00 - 5:35 Grace Nelson 5:40 - 6:15 Lacey Grace Sofia	
Advanced (Level 3-4)	Advanced (Level 3-4)	Advanced (Level 3-4)	Advanced (Level 3-4)	Advanced (Level 3-4)
	3:40 - 4:15 Grace Nelson 5:00 - 5:35 Lacey Grace Sofia 5:40 - 6:15 Grace Nelson		3:40 - 4:15 Grace Nelson 5:00 - 5:35 Lacey Grace Sofia 5:40 - 6:15 Grace Nelson	