

## General Lesson Schedule for April 2026

| <u>Monday</u>                 | <u>Tuesday</u>                | <u>Wednesday</u>              | <u>Thursday</u>               | <u>Friday / Saturday</u>                    |
|-------------------------------|-------------------------------|-------------------------------|-------------------------------|---|
|                               |                               | Grace Nelson<br>3:30 - 5:45   |                               | Grace Nelson (Saturdays)<br>Schedule Varies |
| Melinda Waido<br>2:00 - 5:50p |                               | Melinda Waido<br>2:00 - 5:50p |                               | Melinda Waido (Fridays)<br>2:00 - 5:50p     |
| Ella Katherine<br>2:30 - 5:20 | Ella Katherine<br>4:50 - 6:30 |                               | Ella Katherine<br>4:50 - 6:30 |   |
| Special Needs<br>4:00 - 5:30p |   |

## Group Lessons for April 2026

### Level 1-2

Beginner Lessons: Swimmers are very new to swimming or have very limited swimming skills.

### Level 2-3

Intermediate Lessons: Swimmer are comfortable going underwater/can float on own/ and are starting to "swim"

### Level 3-4

Advanced Lessons: Swimmers are starting to swim proper freestyle / backstroke and are working on technique

| <u>Monday</u>            | <u>Tuesday</u>           | <u>Wednesday</u>         | <u>Thursday</u>          | <u>Friday</u>            |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Beginner (Level 1-2)     |
|                          | 3:40 - 4:15 Sofia        |                          | 3:40 - 4:15 Sofia        |                          |
|                          | 4:20 - 4:55 Lucy Sofia   |                          | 4:20 - 4:55 Lucy Sofia   |                          |
| Intermediate (Level 2-3) |
|                          | 3:40 - 4:15 Lucy         |                          | 3:40 - 4:15 Lucy         |                          |
|                          | 4:20 - 4:55 Jenna        |                          | 4:20 - 4:55 Jenna        |                          |
|                          | 5:00 - 5:35 Jenna        |                          | 5:00 - 5:35 Jenna        |                          |
|                          | 5:40 - 6:15 Lucy Sofia   |                          | 5:40 - 6:15 Lucy Sofia   |                          |
| Advanced (Level 3-4)     |
|                          | 3:40 - 4:15 Jenna        |                          | 3:40 - 4:15 Jenna        |                          |
|                          | 5:00 - 5:35 Lucy Sofia   |                          | 5:00 - 5:35 Lucy Sofia   |                          |
|                          | 5:40 - 6:15 Jenna        |                          | 5:40 - 6:15 Jenna        |                          |