

2026 ARPA SWIM MEET QUALIFYING TIMES

AGE GROUP & STROKE	BOYS		GIRLS	
	YARDS	METERS	YARDS	METERS
6 AND UNDER				
25 FREE	27:37	30:10	44:43	48:87
25 BACK	32:10	35:31	46:39	51:02
8 AND UNDER				
100 I.M.	2:21:81	2:35:99	1:52:14	2:03:34
25 BREAST	29:73	32:70	25:87	28:45
25 FREE	19:56	21:51	19:12	21:03
25 FLY	24:65	27:11	26:49	29:13
25 BACK	25:44	27:98	24:90	27:39
50 FREE	44:91	49:40	41:95	46:14
9 – 10				
100 I.M.	1:43:40	1:53:74	1:38:73	1:48:60
50 BREAST	51:36	56:49	49:43	54:37
50 FREE	36:06	39:66	36:22	39:84
50 FLY	41:03	45:13	45:42	49:96
50 BACK	44:43	48:87	42:12	46:33
100 FREE	1:18:03	1:25:83	1:25:70	1:34:27
11 – 12				
100 I.M.	1:22:88	1:31:16	1:33:65	1:43:01
50 BREAST	1:01:62	1:07:78	42:30	46:53
50 FREE	30:55	33:60	30:37	33:40
50 FLY	35:15	38:66	37:30	41:03
50 BACK	38:47	42:31	37:03	40:73
100 FREE	1:15:07	1:22:57	1:08:52	1:15:37
13 – 14				
100 I.M.	1:08:43	1:15:24	1:13:06	1:20:36
50 BREAST	34:47	37:91	38:65	42:51
50 FREE	28:54	31:39	29:60	32:56
50 FLY	32:49	35:73	44:65	49:11
50 BACK	32:61	35:87	39:83	43:81
100 FREE	1:02:42	1:09:29	1:12:84	1:20:12
15 thru 18				
100 I.M.	1:02:82	1:09:09	1:21:80	1:29:98
50 BREAST	31:55	34:70	40:83	44:91
50 FREE	23:93	26:32	27:50	30:25
50 FLY	26:36	28:99	30:03	33:03
50 BACK	28:76	31:63	34:43	37:87
100 FREE	53:19	58:50	1:26:17	1:34:78

Y = yard time (in seconds)
 T = difference in turns from yards to meters
 (Y * 1.1) + T = Meter Time

M = meters time (in seconds)
 T = difference in turns from meters to yards
 (M - T) divided by 1.1 = Yards Time