

May 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
27	28	29	30	1	2	3
4 Summer Swim Meeting at PLEX 6:15 - 7:15p	5 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	6 ALL 6:15 - 7:15p	7 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	8	9	10
11 ALL 6:15 - 7:15p	12 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	13 ALL 6:15 - 7:15p	14 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	15	16	17
18 ALL 6:15 - 7:15p	19 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	20 ALL 6:15 - 7:15p	21 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	22	23	24
25 MEMORIAL DAY: NO PRACTICE	26 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	27 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	28 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	29	30	31

June 2026

May '26							July '26						
M	T	W	T	F	S	S	M	T	W	T	F	S	S
				1	2	3			1	2	3	4	5
4	5	6	7	8	9	10	6	7	8	9	10	11	12
11	12	13	14	15	16	17	13	14	15	16	17	18	19
18	19	20	21	22	23	24	20	21	22	23	24	25	26
25	26	27	28	29	30	31	27	28	29	30	31		

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	2 OST V. Valley	3 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	4 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	5	6	7
8 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	9 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	10 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	11 OST v. AUB and Talladega	12	13	14
15 OST AT Prattville	16 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	17 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	18 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	19	20	21
22 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	23 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	24 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	25 OST v. Prattville and Tallassee	26	27	28
29 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	30 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	1 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	2 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	3	4	5

July 2026

June '26							August '26						
M	T	W	T	F	S	S	M	T	W	T	F	S	S
1	2	3	4	5	6	7						1	2
8	9	10	11	12	13	14	3	4	5	6	7	8	9
15	16	17	18	19	20	21	10	11	12	13	14	15	16
22	23	24	25	26	27	28	17	18	19	20	21	22	23
29	30						24	25	26	27	28	29	30
							31						

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
29 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	30 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	1 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	2 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	3 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	4 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	5 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p
6 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	7 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	8 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	9 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	10 District V Championships at Opelika 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	11 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	12 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p
13 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	14 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	15 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	16 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	17 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	18 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	19 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p
20 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	21 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	22 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	23 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	24 ARPA STATE Championships at Opelika 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	25 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p	26 10 and Under 5:15 - 6:15p 11 and Over 6:15 - 7:15p