BUILDING A BETTER OST - OPELIKA SWIM TEAM PACTICE CODE OF CONDUCT:

All Opelika Swim Team members, team staff, and parents of athletes in Red and Black Group are apprised in writing of this Practice Code of Conduct. A signature on this document constitutes unconditional agreement to comply with the stipulations of both documents.

a. Team members will display proper respect and sportsmanship toward coaches, officials, administrators, teammates, fellow competitors, and the public always.

b. Team Members will follow and adhere to USA Swimming MAAPP and Athlete Protection policies.

c. Team members and staff will refrain from any illegal or inappropriate behavior that would detract from a positive image of the team or be detrimental to its performance objectives. Including but not limited to actions at school, social media, or other public forums.

d. The possession or use of alcohol or tobacco products at any practice facility by any athlete or staff member is prohibited.

e. No "deck changes" are permitted. Athletes are expected to use available change facilities.

f. Athletes understand OST has a bullying policy. Athletes have been given a copy/have accesses to copy of OSTs bullying policy and understand the serious nature and consequences of bullying.

g. Swimmers are to refrain from inappropriate physical contact at team practices.

h. Swimmers are to refrain from use of inappropriate language at team practices.

Potential Consequences for not following OST PRACTICE CODE OF CONDUCT:

a. Failure to comply with the Practice Code as set forth in this document may result in disciplinary action. Such discipline may include, but may not be limited to:
    i. Dismissal from the practice and communication to parents immediately.
    ii. Not allowed to participate in team events or competition.
    iii. Parents required to attend practices.
    iv. Dismissal from the team; and/or
    v. Proceedings for a LSC or USA Swimming National Board of Review.

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Print and Signed: Athlete and Parent/Guardian

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Date